The State Education Standard — September 2009
National Association of State Boards of Education

Feature Articles

Overweight/Obesity Among School-aged Youth in the United States
by Molly M. Lamb, Margaret D. Carroll, and Cynthia L. Ogden
An overview of the childhood obesity epidemic and the patterns behind the data, by experts at the CDC’s National Center for Health Statistics.

Examining Community and School Efforts to Reduce Childhood Obesity Among Racially, Ethnically, and Socioeconomically Disadvantaged Children
by Maya Rockeymoore Cummings and Melissa Maitin-Shepard
An examination of childhood obesity disparities, school and community-based interventions, and examples of promising interventions in schools and communities across the country.

Nutrition Standards for Foods and Beverages Available Beyond School Meals: An Overview of the Landscape
by Tracy Fox and Elizabeth Walker
A look at school food standards nationwide and advice for state policymakers on what they need to consider when formulating new policies.

Taking on School Food Marketing: Some States Are Banning Junk Food Ads in Schools
by Ameena Batada and Margo G. Wootan
How some states deal with the influx of food product marketing in their schools as they try to alter student eating habits.

Physical Activity Guidelines for Americans: Implications for America’s Education System
by Russell R. Pate, Jennifer O’Neill, Marsha Dowda, Ruth Sanders, and William H. Brown

Promoting Comprehensive School Physical Activity Programs
by Francesca Zavacky
Why states need to go beyond basic physical education classes to develop comprehensive physical activity standards.

Local Wellness Policies
by Jamie F. Chriqui, Linda Schneider, and Frank J. Chaloupka
Details on how local school boards are faring in implementing wellness policies, and what state boards of education can do to support their implementation.

Departments

editor’s note

executive summary
A message from NASBE Executive Director Brenda Lilienthal Welburn

state innovations
What’s happening in school health policies in Rhode Island, West Virginia, North Carolina and five others

the nasbe interview
Interview with West Virginia Board Member Barbara Fish